



## Resident Profile—A Case Study

Until recently, Mary\* was living in an affluent, long-term care facility known to specialize in dementia care. The facility determined that Mary required total assistance for many activities of daily living. Mary's daughter often found her lethargic, sleeping and not participating in activities. Within a few months she had declined to a level where she was no longer walking, participating in any activities or participating in her own care. She demonstrated a poor appetite and experienced a significant weight loss. Mary was placed on medications to improve her appetite, mood and memory. However her physical, emotional and cognitive health continued to rapidly decline.

\*Not the Resident's real name.

Her daughter insisted that her mother was not being properly stimulated or cared for; however, no significant changes or recommendations were made to her care, treatment or therapy. Mary soon began to have difficulty swallowing and was placed on Hospice with a projection of six months or less to live.

Before going into Hospice, Mary was assessed by Kim Warchol, a licensed Occupational Therapist specializing in Dementia Care. While Mary was in the midst of a severe decline, Kim identified many abilities and strengths that were not being elicited by her current care team. Kim also identified the likelihood that Mary's medications were mismanaged and causing the extreme lethargy, which in turn was stripping her life away and spiraling downward toward potential death. Nonetheless, Kim assured Mary's daughter there was still hope. Mary had many positive indicators, leading her to believe it was not too late to help her reach a greater capacity for higher function and well being. Mary's daughter agreed to entrust her mother's care to the Parc Provence family.

After the assessment, Kim met with Parc Provence's Medical Director, Director of Clinical Services and the Resident Care Directors to discuss and review her findings. The very first day at Parc Provence, Mary's medications were greatly reduced and her individualized care program was introduced. Caregivers prioritized building a loving and supportive relationship, while emphasizing Mary's strengths so she could successfully participate in meaningful activities.

After three days at Parc Provence Mary was discharged from Hospice care. She is now feeding herself and eating the majority of each meal. With the skillful and patient prompting of her caregivers, Mary is brushing her own teeth. Mary is actively and successfully participating in many activities throughout the day. She has also been referred to the Parc Provence Occupational and Physical Therapy Program (specializing in memory care), to regain the ability to walk and further enhance her daily living skills.



A COMMUNITY OF WELL BEING FOR SENIOR ADULTS

Kim Warchol, OTR/L  
Dementia Care Specialist, Inc.  
President



Mary and her daughter have now seen first hand what a difference Parc Provence's unique approach to care can make. Recently Mary told her caregiver, "My heart is breaking with happiness."

However, much too often, a person experiencing changes in function due to Alzheimer's is dismissed as simply succumbing to their disease process. As our Medical Director said, "Many people like Mary are buried every day." We know it takes skill, heart and resources to identify and realize the potential lying within each person with Alzheimer's and to give them the opportunity to live in a greater well being every day.

Mary is the first of many successes we hope to create at Parc Provence.

We would love the opportunity to show you and your loved one why Parc Provence is truly a better and different choice, and you will believe in the difference.

605 Coeur de Ville Drive, Creve Coeur, Missouri 63141  
www.parcprovence.com 314.542.2500