














# February – 2020–Building Your SPIRIT Program–Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Our Specialized Program for Late &amp; End Stage Dementia “Building Your S.P.I.R.I.T”</b></p>  <p><b>Serenity and Passion Inspired by Respect, Interaction and Trust</b></p>		<p><b>Please sign-up:</b> Beautician &amp; Manicurist 314-542-2500</p> <p>Music Therapy 314-453-7360</p> <p>Art Therapy 314-453-7310</p> <p>For Outings: RSVP Erin at 314-453-7372 or email her at: <a href="mailto:ehoing@parcprovence.com">ehoing@parcprovence.com</a></p>	<p><b>Coding Key:</b> <i>Building Your SPIRIT</i> Combined Bordeaux &amp; Spirit Program <b>Purple invitation by Interest</b> <b>Building Wide</b> <i>Sparky (any color italics)</i></p> <p>Activities of Daily Living &amp; Spontaneous Activities occur throughout the day</p>	<p><b>Room Locations:</b> AR-Activity Room B- Bistro BA-Bird Aviary C-Chapel FR- Fireplace Room O-Outing P-Promenade PR –Piano Room SR-Sunroom <b>Calendars are subject to change</b></p>		<p>1 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p> <p><i>Balloon Gram Sales Begin</i></p> <p><i>Valentine’s Day King &amp; Queen Voting Begins</i></p>
<p>2 Groundhog Day Super Bowl Sunday 9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR <b>10:00 Catholic Mass-Live Stream-AR</b> <b>10:30 Rosary Memories-AR</b> 11:00 Music Session-PR 1:30 Rest &amp; Relaxation-PR <b>1:45 Chapel Service with Pastor Jeanne –C</b> <b>2:15 Super Bowl Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p> 	<p>3 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>4 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:00 Catholic Service-C</b> <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Music Session-PR</p> 	<p>5 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> <b>10:45 Creative Expressions - AR</b> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>6 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> <b>11:00 Music Session-PR</b> <b>12:00 In House Chinese Lunch Outing (RSVP)</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>7 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> <b>2:45 Jewish Service with Cantor Howard -C</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>8 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p> 
<p>9 9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR <b>10:00 Catholic Mass-Live Stream-AR</b> <b>10:30 Rosary Memories-AR</b> 11:00 Music Session-PR 1:30 Rest &amp; Relaxation-PR <b>1:45 Chapel Service with Pastor Jeanne –C</b> <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p>	<p>10 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>11 9:30 Piano Melodies-PR <b>9:45 Resident Council – P/AR</b> <b>10:30 Catholic Communion Service-C</b> 10:30 Entertainment by Don Stevenson - PR <b>12:00 In House Couple’s Lunch Outing (RSVP)</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Music Session-PR</p> <p><i>Balloon Gram Sales End</i></p> <p><i>Valentine’s Day King &amp; Queen Voting End</i></p>	<p>12 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> <b>10:45 Creative Expressions - AR</b> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>13 9:30 Piano Melodies-PR 10:00 Music Jam - PR <b>10:45-11:45</b> <i>Building your Spirit Program</i> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p> 	<p>14 Valentine’s Day 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Valentine’s Day Coronation Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> <b>2:45 Jewish Service -C</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>  <p><i>Balloon Grams Delivered</i></p>	<p>15 9:30 Piano Melodies-PR <b>10:00-11:00</b> <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00</b> <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>

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<p>16 9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR <b>10:00 Catholic Mass-Live Stream-AR</b> <b>10:30 Rosary Memories-AR</b> 11:00 Music Session-PR 1:30 Rest &amp; Relaxation-PR <b>1:45 Chapel Service with Pastor Jeanne –C</b> <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p> 	<p>17 President's Day 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> <b>10:40 GC Brewery Lunch Outing (RSVP)</b> <b>11:00 Music Session-PR</b> 1:30 Cinema Hour - PR <b>2:30 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p> 	<p>18 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-PR 6:00 Music Session-PR</p> 	<p>19 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> <b>10:45 Creative Expressions - AR</b> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>20 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p> 	<p>21 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> <b>2:45 Jewish Service with Cantor Howard -C</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>22 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> 11:00 Music Session-PR 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p> 
<p>23 9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR <b>10:00 Catholic Mass-Live Stream-AR</b> <b>10:30 Rosary Memories-AR</b> 11:00 Music Session-PR 1:30 Rest &amp; Relaxation-PR <b>1:45 Chapel Service with Pastor Jeanne –C</b> <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p>	<p>24 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>25 Mardi Gras 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-PR 6:00 Music Session-PR</p>	<p>26 Ash Wednesday 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> <b>10:45 Creative Expressions - AR</b> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>27 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> <b>11:00 Music Session-PR</b> <b>12:00 In House Picnic Lunch Outing (RSVP)</b> 1:30 Rest &amp; Relaxation-PR <b>2:00 Music and Movement - PR</b> <b>3:30 Happy Hour-PR</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>28 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> <b>11:00 Music Session-PR</b> 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> <b>2:45 Jewish Service -C</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>	<p>29 Leap Year 9:30 Piano Melodies-PR <b>10:00-11:00 Building your Spirit Program</b> 11:00 Music Session-PR 1:30 Rest &amp; Relaxation-PR <b>2:15 Happy Hour-PR</b> <b>2:45-4:00 Building your Spirit Program</b> 4:15 Piano Melodies-PR 6:00 Family Gathering &amp; Evening Movie-PR</p>