













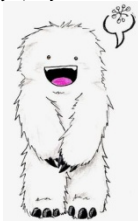


January – 2020–Building Your SPIRIT Program–Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Our Specialized Program for Late & End Stage Dementia “Building Your S.P.I.R.I.T.”</p>  <p>Serenity and Passion Inspired by Respect, Interaction and Trust</p>	<p>Room Locations: AR-Activity Room B- Bistro BA-Bird Aviary C-Chapel FR- Fireplace Room O-Outing P-Promenade PR –Piano Room SR-Sunroom</p>  <p>Calendars are subject to change</p>	<p>Please sign-up: Beautician & Manicurist 314-542-2500</p> <p>Music Therapy 314-453-7360</p> <p>Art Therapy 314-453-7310</p> <p>For Outings: RSVP Erin at 314-453-7372 or email her at: ehoing@parcprovence.com</p>	<p>1 New Year’s Day 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>2 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>3 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 2:45 Jewish Service -C 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>4 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>
<p>5 9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass: Live Stream-AR 10:30 Songs of Joy-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p>	<p>6 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:15 Rosary Memories-AR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>7 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:00 Catholic Service-C 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Music Session-PR</p>	<p>8 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>9 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 11:00 Music Session-PR 12:00 In House Picnic Lunch Outing (RSVP) 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>10 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 2:45 Jewish Service -C 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>11 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 
<p>12 9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass: Live Stream-AR 10:30 Songs of Joy-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p>	<p>13 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 10:40 Applebee’s Lunch Outing (RSVP) 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:15 Rosary Memories-AR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>14 9:30 Piano Melodies-PR 9:45 Resident Council – P/AR 10:00-11:00 <i>Building your Spirit Program</i> 10:45 Catholic Communion Service-C 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Music Session-PR</p>	<p>15 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 10:45 Creative Expressions-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>16 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 11:00 Music Session-PR 12:00 In House Pasta Lunch Outing (RSVP) 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>17 9:30 Piano Melodies-PR 10:00-11:00 <i>Building your Spirit Program</i> 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 2:45 Jewish Service with Cantor Howard-C 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>18 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 <i>Building your Spirit Program</i> 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>

January – 2020 –Building Your SPIRIT Program –Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19 9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass: Live Stream-AR 10:30 Songs of Joy-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p> 	<p>20 Martin Luther King Jr Day 9:30 Piano Melodies-PR 9:45 Lone Elk Park Scenic Drive (RSVP) 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:15 Rosary Memories-AR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>21 9:30 Piano Melodies-PR 10:00-10:30 Building your Spirit Program 10:30 Entertainment by John Pyatt - PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Music Session-PR</p>	<p>22 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 10:45 Creative Expressions-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>23 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 12:00 In House White Castle Lunch Outing (RSVP) 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball – PR 2:30 Cinema Hour - PR 3:30 Happy Hour-PR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>24 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 2:45 Jewish Service with Cantor Howard -C 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>25 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 
<p>26 9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass: Live Stream-AR 10:30 Songs of Joy-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:15 Happy Hour-PR 3:00 Pazazz Dancers Performance - DR 4:15 Piano Melodies-PR 6:00 Piano Sundays-PR</p> 	<p>27 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Cinema Hour - PR 2:30 Happy Hour-PR 3:00-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>28 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Music Session-PR</p> 	<p>29 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 10:45 Creative Expressions-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>30 9:30 Piano Melodies-PR 10:00 Music Jam - PR 11:00-11:30 Building your Spirit Program 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>31 9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 2:45 Jewish Service -C 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>Coding Key: <i>Building Your SPIRIT</i> Combined Bordeaux & Spirit Program Purple invitation by Interest Building Wide <i>Sparky (any color italics)</i></p>  <p>Activities of Daily Living & Spontaneous Activities occur throughout the day</p>