
















October – 2018–Building Your SPIRIT Program–Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">Our Specialized Program for Late & End Stage Dementia “Building Your S.P.I.R.I.T”</p>  <p style="text-align: center;">Serenity and Passion Inspired by Respect, Interaction and Trust</p>	<p>1 9:30 Piano Melodies-PR 9:45 Creative Expressions-SR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Rosary- SR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>2 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 2:00 Catholic Service-C 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Music Session-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>3 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 10:45 Chapel Service with Pastor Beins - C 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>4 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 12:00 In House Five Guys Burger and Fries Outing (RSVP) 1:30 Rest & Relaxation-PR 2:00 Music and Movement – PR 2:15 Resident and Family Council – P/AR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>5 Bookmobile Visit 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:15 Jewish Service with Cantor Howard-C 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>6 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 
<p>7 8:40 St. Monica’s Mass-O 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:15 Building your Spirit Program 6:00 Piano Sundays-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>8 Columbus Day 9:30 Piano Melodies-PR 9:45 Creative Expressions-SR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Rosary- SR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>9 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 10:30 Catholic Communion Service-C 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Music Session-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>10 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>11 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 12:00 In House Picnic Lunch Outing (RSVP) 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>12 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:15 Jewish Service with Cantor Howard-C 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>13 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 
<p>14 9:30 Catholic Mass – C 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:15 Building your Spirit Program 6:00 Piano Sundays-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>15 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 10:40 Edgewild Lunch Outing (RSVP) 1:30 Rest & Relaxation-PR 2:00 Rosary- SR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>16 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 10:30 Entertainment by Rob Callmeyer - PR 1:30 Rest & Relaxation-PR 2:00 Music and Movement -PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Music Session-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>17 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Music and Movement -PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>18 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Music and Movement PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>19 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Music and Movement-PR 2:45 Happy Hour-PR 3:15 Jewish Service-C 3:20-4:35 <i>Building your Spirit Program</i> 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>20 9:30 Piano Melodies-PR 10:00 Music Session-PR 10:30-11:30 <i>Building your Spirit Program</i> 1:30 Rest & Relaxation-PR 2:00 Music and Movement -PR 2:45 Happy Hour-PR 3:20-4:35 <i>Building your Spirit Program</i> 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21 8:40 St. Monica's Mass-O 9:30 Piano Melodies-PR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:15 Building your Spirit Program 6:00 Piano Sundays-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>22 9:30 Fall Scenic Drive Outing (RSVP) 9:30 Piano Melodies-PR 9:45 Creative Expressions-SR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:15 Cinema Hour-PR 2:45 Happy Hour-PR 3:20-4:35 Building your Spirit Program 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>23 9:30 Piano Melodies-PR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 Building your Spirit Program 4:30 Jeopardy-PR 6:00 Music Session-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>24 9:30 Piano Melodies-PR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 Building your Spirit Program 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>25 9:30 Piano Melodies-PR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:30 Rest & Relaxation-PR 2:30 Cinema Hour-PR 3:30 Happy Hour-PR 34:00-4:35 Building your Spirit Program 4:30 Jeopardy-PR 6:00 Safe Trick or Treat-BA</p>  <p>6-7pm Safe Trick or Treat Night</p>	<p>26 9:30 St. Louis Art Museum Outing (RSVP) 9:30 Piano Melodies-PR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:15 Jewish Service-C 3:20-4:35 Building your Spirit Program 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>27 9:30 Piano Melodies-PR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 Building your Spirit Program 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 
<p>28 9:30 Catholic Mass – C 9:30 Piano Melodies-PR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:15 Building your Spirit Program 6:00 Piano Sundays-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>29 9:30 Piano Melodies-PR 9:45 Creative Expressions-SR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:30 Rest & Relaxation-PR 2:00 Rosary- SR 2:45 Happy Hour-PR 3:20-4:35 Building your Spirit Program 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>30 9:30 Piano Melodies-PR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 Building your Spirit Program 4:30 Jeopardy-PR 6:00 Music Session-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p>	<p>31 Halloween 9:30 Piano Melodies-PR 10:00 Music Session-PR <i>10:30-11:30</i> Building your Spirit Program 1:30 Rest & Relaxation-PR 2:00 Music and Movement - PR 2:45 Happy Hour-PR 3:20-4:35 Building your Spirit Program 4:30 Jeopardy-PR 6:00 Game Show Favorites-PR 6:45 Family Gathering & Snack-PR 7:00 Evening Movie-PR</p> 	<p>Room Locations: AR-Activity Room B- Bistro BA-Bird Aviary C-Chapel FR- Fireplace Room O-Outing P-Promenade PR –Piano Room SR-Sunroom</p> 	<p>Coding Key: <i>Building Your SPIRIT</i> Combined Bordeaux & Spirit Program Purple invitation by Interest Building Wide <i>Sparky (any color italics)</i></p>  <p>Activities of Daily Living & Spontaneous Activities occur throughout the day</p>	<p>Please sign-up: Beautician & Manicurist 314-542-2500 Music Therapy 314-453-7360 Art Therapy 314-453-7310 For Outings: RSVP Nicole at 314-453-7372 or email her at: njacobs@parcprovence.com</p>  <p>Calendars are subject to change</p>