











January – 2020 –Bordeaux–Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please sign-up: Beautician & Manicurist 314-542-2500</p> <p>Music Therapy 314-453-7360</p> <p>Art Therapy 314-453-7310</p> <p>For Outings: RSVP Erin at 314-453-7372 or email her at: ehojng@parcprovence.com</p> 	<p>Room Locations: AR-Activity Room B- Bistro BA-Bird Aviary C-Chapel FR-Fireplace Room O-Outing P-Promenade PR –Piano Room SR-Sunroom</p> 	<p>Coding Key: Bordeaux Combined Bordeaux & Spirit Program Purple invitation by Interest Building Wide <i>Sparky (any color italics)</i></p>  <p>Calendars are subject to change</p>	<p>1 New Year's Day 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Father Time & Baby New Year- AR 11:00 New Year's Traditions -AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Manipulation Stations-AR 3:00 Music and Movement -AR 3:15 Sensational Senses: Crystal light experiences AR 3:30 Trivia Finish the Phrase-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>2 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Sensational Senses: Cinnamon Roll-AR 10:30 Refreshments 10:45 Home Life Memories-AR 11:00 Exercise-AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Eldergames-AR 3:00 Music and Movement - AR 3:15 Yard Darts-AR 3:30 Short Story-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>3 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Disney Memories–AR 11:00 Family Life–AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 2:45 Jewish Service-C 3:00 Music and Movement - AR 3:15 Keep it Local-AR 3:30 Short Story-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>4 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 <i>Old Time Commercials – AR</i> 11:00 Music Session-AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Eldergames-AR 3:00 Music and Movement - AR 3:15 <i>Children Clips & Memories - AR</i> 3:30 <i>Humor Fun – AR</i> 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>
<p>5 9:30 Piano Melodies - PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass-Live Stream-AR 10:30 Songs of Joy-AR 11:00 Music Session-AR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Busy Stations-AR 3:00 Music and Movement – AR 3:15 <i>Comedy Classics: Life with Elizabeth-AR</i> 3:30 <i>Exploring Animal Kingdom-AR</i> 3:45 Refreshments-AR 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p> 	<p>6 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:10 Exercise –AR 10:30 Refreshments –AR 10:45 <i>Military Memories: Songs of History- AR</i> 11:00 <i>Our First Television Sets –AR</i> 11:20 Music Session - AR 1:30 Rest & Relaxation-P 1:15 Rosary-AR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Folding & Sorting - AR 3:00 Balloon Volleyball - AR 3:15 <i>Humor Fun-AR</i> 3:30 <i>Animal Memories-AR</i> 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>7 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:10 Exercise –AR 10:30 Refreshments –AR 10:45 Storytelling Dice-AR 11:00 Listeners' Club – AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Catholic Service-C 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Manipulation Stations-AR 3:00 Music and Movement - AR 3:15 Gardening Memories-AR 3:30 How I Met My Spouse-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Music Session-PR</p>	<p>8 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Children Memories- AR 11:00 Taking Care of Baby-AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement -AR 3:15 Sensational Senses: What's that Smell -AR 3:30 Pet Memories-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>9 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Sensational Senses: Warm Croissants-AR 10:30 Refreshments –AR 10:45 Cook Book club-AR 11:00 Exercise-AR 11:20 Music Session - AR 12:00 In House Picnic Lunch Outing (RSVP) 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Eldergames-AR 3:00 Music and Movement -AR 3:15 Occupation Memories-AR 3:30 Short Story-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>10 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Remembering a Day at the Office- AR 11:00 Finish the Phrase Morning Trivia--AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Busy Stations-AR 2:45 Jewish Service-C 3:00 Music and Movement - AR 3:15 Home Decorating Memories-AR 3:30 Zoo Animal Memories- AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>11 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 <i>Humor Fun-AR</i> 11:00 Music Session-AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Folding & Sorting-AR 3:00 Music and Movement - AR 3:15 <i>Babes & Children-AR</i> 3:30 <i>Classical Music-AR</i> 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 

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<p>12</p> <p>9:30 Piano Melodies - PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass-Live Stream-AR 10:30 Songs of Joy-AR 11:00 Music Session-AR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR <i>3:15 Funny Seniors-AR</i> <i>3:30 Classic Television: Family Favorites-AR</i> 3:45 Refreshments-AR 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p> 	<p>13</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:40 Applebee's Lunch Outing (RSVP) <i>10:45 Flower Power–AR</i> <i>11:00 Music of the 1960s- AR</i> 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 1:15 Rosary-AR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR <i>3:15 Dancing to Show Tunes & Big Band - AR</i> <i>3:30 Classical Music-AR</i> 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>14</p> <p>9:30 Piano Melodies - PR 9:45 Resident Council – P/AR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Catholic Communion Service-C 10:45Icons of the Past: The Right Pack-AR 11:00 Listeners' Club – AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR 3:15 Bundle up for Winter Memories- AR 3:30 Reminisce Stories from the past-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Music Session-PR</p> 	<p>15</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Rocking out with Art - AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR 3:15 Sensational Senses: Taste Test: Banana Toppings-AR 3:30 Military Memories-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>16</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Sensational Senses: Lemon Squares-AR 10:30 Refreshments –AR 10:45 Winter Snow Days– AR 11:00 Exercise- AR 11:20 Music Session - AR 12:00 In House Pasta Lunch Outing (RSVP) 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement – AR 3:15 Circus Memories-AR 3:30 Zoo Animal Memories-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>17</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Keep It Local–AR 11:00 Family & Home Life– AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 2:45 Jewish Service with Cantor Howard-C 3:00 Music and Movement – AR 3:15 Vouge: Historic Fashion- AR 3:30 All Colors Kit-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>18</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 <i>Timeless Dance Numbers –AR</i> 11:00 Music Session-AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR <i>3:15 Humor Fun - AR</i> <i>3:30 Children Memories- AR</i> 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 
<p>19</p> <p>9:30 Piano Melodies - PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass-Live Stream-AR 10:30 Songs of Joy-AR 11:00 Music Session-AR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR <i>3:15 Animal Memories: Animal do Funny Things - AR</i> <i>3:30 Classic Comedy: The Trouble with Father-AR</i> 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Piano Sundays-PR</p> 	<p>20 Martin Luther King Jr. Day</p> <p>9:30 Piano Melodies – PR 9:45 Lone Elk Park Scenic Drive Outing (RSVP) 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR <i>10:45 This Day in History-AR</i> <i>11:00 Commercials & Products then and now-AR</i> 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 1:15 Rosary-AR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR <i>3:15 Music through the Years: Listening to our Favorites-AR</i> <i>3:30I Have a Dream: Celebrating our hero - AR</i> 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>21</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Entertainment by John Pyatt - PR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR 3:15 Gardening Memories-AR 3:30 Travel Memories-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Music Session – PR</p> 	<p>22</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Creative Expressions: Kindness Project - AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR 3:15 Sensational Senses: Hot Tea for Health-AR 3:30 Short Story-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>23</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Cooking: Cinnamon Delights-AR 10:30 Refreshments –AR 10:45 Cookbook Club –AR 11:00 Exercise-AR 11:20 Music Session - AR 12:00 In House White Castle Lunch Outing (RSVP) 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-PR 2:30 Cinema Hour - PR 3:30 Happy Hour-PR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>24</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Fashion & Fads: How Much Has Changed–AR 11:00 Music from the 1960s- AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 2:45 Jewish Service with Cantor Howard-C 3:00 Music and Movement - AR 3:15 Hat Chat-AR 3:30 Sorting and Filing-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>25</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 <i>Virtual Tours: Choose Your Destination–AR</i> 11:00 Music Session-AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR <i>3:15 Today in History-AR</i> <i>3:30 Reminisce Movies: How things have changed- AR</i> 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>26 8:40 St. Monica's Mass-O 9:30 Piano Melodies - PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass-Live Stream-AR 10:30 Songs of Joy-AR 11:00 Music Session-AR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:00 Happy Hour-PR 2:30 Music & Movement-PR 3:00 Pazzaz Dancers Performance - DR 4:15 Piano Melodies-PR 6:00 Piano Sundays-PR</p> 	<p>27 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Animal Kingdom Virtual Zoo Visits- AR 11:00 Travel the World, with Sparky–AR 11:20 Music Session - AR 1:30 Cinema Hour - PR 2:30 Happy Hour-AR 3:00 Music and Movement - AR 3:15 Movie Reminisce: Remember When...–AR 3:30 Classic Cartoons-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>28 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Sounds on the Farm-AR 11:00 Listeners' Club – AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR 3:15 Sledding & Snowball Fights - AR 3:30 Eldergames-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Music Session-PR</p> 	<p>29 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Creative Expressions - AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR 3:15 Sensational Senses: Hot Cocoa- AR 3:30 Winter Memories-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>30 9:30 Piano Melodies - PR 10:00 Music Jam - PR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball-AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 3:00 Music and Movement - AR 3:15 Snow ball Toss-AR 3:30 Short Story-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>31 9:30 Piano Melodies - PR 10:00 Current Events-AR 10:15 Exercise -AR 10:30 Refreshments –AR 10:45 Keep It Local–AR 11:00 Family & Home Life–AR 11:20 Music Session - AR 1:30 Rest & Relaxation-PR 2:00 Balloon Volleyball - AR 2:15 Happy Hour-AR 2:45 Tabletop Fun-AR 2:45 Jewish Service-C 3:00 Music and Movement - AR 3:15 Disney Memories-AR 3:30 Short Story-AR 3:45 Refreshments-AR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p style="text-align: center;">Saturday</p>  <p style="text-align: center;">Activities of Daily Living & Spontaneous Activities occur throughout the day</p>