



October– 2018 –Nice & Paris - Calendar for Parc Provence








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Codes Building Wide Event Household Activities Nice & Paris Combined Activities</p> <p>Activities of Daily Living & Spontaneous Activities occur throughout the day</p> <p>All activities are based on activity interests</p> <p>Music & Art individuals sessions</p>	<p>1. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 <i>Rosary-C</i> 10:45 Bifokal Kit: Remembering Automobiles AR 11:10 Category Crunch: DRIVE - AR 1:45 Music Session –AR 2:15 Horse Racing - AR 2:45 Sensational Senses: Smelling Memories-AR 3:15 Happy Hour-B 4:00 Mindbender Monday-B 6:00 Coffee Talk: Reminisc Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>2. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 October IQ-AR 11:10 Chair Yoga – B 11:10 Humor Club –AR 1:45 Music Session – B 2:00 <i>Catholic Service-C</i> 2:15 Bingo-B 3:15 Happy Hour-B 4:00 Trivia Tuesday-B 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> <div data-bbox="598 613 835 824" data-label="Image"></div>	<p>3. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 <i>Chapel Service with Pastor Beins-C</i> 10:45 Candy Corn Cookies – AR 11:10 Food Trivia – AR 1:45 Music Therapy Jukebox – AR 2:15 <i>Entertainment by John Pyatt-B</i> 3:15 Happy Hour-B 4:00 Wisdom Wednesday-B 6:00 Resident Choice - SD/PV- HH 6:00 Music Session – WC 7:00 Evening Movie –FR</p> <div data-bbox="913 636 1066 863" data-label="Image"></div>	<p>4. 9:30 Current Events- AR 9:30 Creative Expressions-HR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Sensational Senses: Chocolate Chip Pumpkin Bars – AR 11:10 Dice Game – P 12:00 <i>In House Five Guys, Burgers and Fries Lunch Outing (RSVP)-B</i> 1:45 Movement to Music – AR 2:15 <i>Resident & Family Council-P</i> 2:15 Ladder Ball Game- AR 2:45 True or False? – AR 3:15 Happy Hour-B 4:00 Technology Thursday-B 6:00 Friendship Social—SD 6:00 Walk, Stretch, & Chat-PV 6:00 Fireside Chat- WC 7:00 Evening Movie –FR</p>	<p>5. Bookmobile Visit 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Golden Girls Club- AR 10:45 Good Ole’ Boys Club-L 11:10 Exercise with Charlie- B 11:10 Category Trivia –AR 1:45 Music Session- P 2:15 Bowling-P 2:45 Coffee Filter Ghost Lollipops-B 3:15 <i>Jewish Service with Cantor Howard –C</i> 3:15 Happy Hour –B 4:00 Funtastic Friday-B 6:00 Walk, Stretch & Chat- SD 6:00 Resident Choice--PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>	<p>6. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Match Up the Famous Duos-AR 10:45 Walking Club 11:10 Sing -a-Long - AR 1:45 Music Therapy Relaxation – AR 2:00 <i>Homecoming Dance with Parkway North High School Honor Society. -B</i> 2:15 Bulls Eye – AR 2:45 Candy Corn and the History AR 3:15 Happy Hour-B 4:00 Surprise Saturday-B 6:00 Friendship Social – SD 6:00 Coffee Talk: Reminisc Magazine– PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> <div data-bbox="1795 734 1936 889" data-label="Image"></div>
<p>7. 8:40 <i>St. Monica's Catholic Mass Outing</i> 9:30 Current Events - AR 10:00 Chair Exercise - AR 10:00 Advanced Exercise -P 10:30 Nature Topic: Categories Memo - OCEAN -AR 11:10 Water Color Ship-B 1:45 Musical Animals - AR 1:45 <i>Chapel Service with Pastor Jeanne -C</i> 2:15 <i>Travel Memories-AR</i> 2:45 Party Planning – AR 3:15 Happy Hour-B 4:00 Social Sunday-B 6:00 Trivia - SD 6:00 Walk, Stretch & Chat - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>8. Columbus Day 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 <i>Rosary-C</i> 10:45 Categories Memo: GOURD - AR 11:10 Sensational Senses: Pinecone Painting – AR 1:45 Music Session –AR 2:15 <i>Ballet with Vitality Ballet - B</i> 3:15 Happy Hour-B 4:00 Mindbender Monday-B 6:00 Coffee Talk: Reminisc Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>9. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:30 <i>Catholic Communion Service-C</i> 10:45 “Pumpkin Carving”- AR 11:10 Chair Yoga – B 11:10 Trivia – AR 1:45 Around the World Music –B 2:15 Bingo-B 3:15 Happy Hour-B 4:00 Trivia Tuesday-B 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> <div data-bbox="640 1367 787 1523" data-label="Image"></div>	<p>10. 9:30 Current Events- B 9:30 Chimes with Troy-AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Bridge Club - L 10:45 <i>Travel-Countries- AR</i> 11:10 <i>Piggy Banker -AR</i> 1:45 Music Therapy Jukebox – AR 2:15 What am I? - AR 2:45 Watercolor Painting-AR 3:15 Happy Hour-B 4:00 Wisdom Wednesday-B 6:00 Resident Choice - SD/PV- HH 6:00 Music Session – WC 7:00 Evening Movie –FR</p>	<p>11. 9:30 Current Events- AR 9:30 Creative Expressions-HR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Conversation Cards – AR 11:10 Horse Racing– P 12:00 <i>In House Picnic Lunch Outing (RSVP)</i> 1:45 Movement to Music – AR 2:30 Radio Show - AR 3:15 Happy Hour-B 4:00 Technology Thursday-B 6:00 Friendship Social—SD 6:00 Walk, Stretch, & Chat-PV 6:00 Fireside Chat- WC 7:00 Evening Movie –FR</p> <div data-bbox="1192 1356 1381 1507" data-label="Image"></div>	<p>12. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Golden Girls Club- AR 10:45 Good Ole’ Boys Club-L 11:10 Exercise with Charlie- B 11:10 Jeopardy Trivia-AR 1:45 Music Session- P 2:15 Bowling-P 2:45 Remembering the Pumpkin Patch-B 3:15 <i>Jewish Service with Cantor Howard–C</i> 3:15 Happy Hour Party –B 4:00 Funtastic Friday-B 6:00 Walk, Stretch & Chat- SD 6:00 Resident Choice--PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>	<p>13. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Match Up the Lyrics – AR 10:45 Walking Club 11:10 Prom Dresses Through the Decades - AR 1:45 Music Therapy Relaxation – AR 2:15 Yarn-Wrapped Leaves – AR 2:45 10 Greatest Moments in World Series History - AR 3:15 Happy Hour-B 4:00 Surprise Saturday-B 6:00 Friendship Social – SD 6:00 Coffee Talk: Reminisc Magazine– PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>



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<p>14. 9:30 Current Events – AR 9:30 Catholic Service - C 10:00 Chair Exercise - AR 10:00 Advanced Exercise -P 10:30 Occupations Discussion - AR 11:10 Who Am I? - AR 1:45 New Music -AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 Grab Bag Active Game - AR 2:45 Fall Bucket List -AR 3:15 Happy Hour-B 4:00 Social Sunday-B 6:00 Trivia - SD 6:00 Walk, Stretch & Chat - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>15. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:40 Edgewild Lunch Outing (RSVP) 10:45 Rosary-C 10:45 Name 10 –AR 11:10 Creative Committee Meeting -AR 1:45 Music Session –AR 2:15 Missouri Botanical Gardens presents “Container Gardening” - AR 3:15 Happy Hour-B 4:00 Mindbender Monday-B 6:00 Coffee Talk: Reminisce Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>16. 9:30 Current Events- AR 9:30 Creative Expressions- HR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Bundled Q-TIP Fall Tree Painting-AR 11:10 Chair Yoga – B 11:10 Humor Club: Art Buchwald-AR 1:45 Music Session– B 2:15 Bingo-B 3:15 Happy Hour-B 4:00 Trivia Tuesday-B 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> 	<p>17. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 St. Louis Zoo Presentation Feathers & Fur-B 1:45 Music Therapy Jukebox – AR 2:15 Famous Paintings -AR 2:45 Five-Clue What is it? - AR 3:15 Happy Hour-B 4:00 Wisdom Wednesday-B 6:00 Resident Choice - SD/PV-HH 6:00 Music Session – WC 7:00 Evening Movie –FR</p>	<p>18. 9:00 Voting - PD 9:30 Current Events- AR 9:30 Creative Expressions- HR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 The Gourd-eous Gourd-P 11:10 Volleyball- AR 1:45 Cinema Hour - HH 3:30 Happy Hour-B 4:00 Technology Thursdays-B 6:00 Friendship Social—SD 6:00 Walk, Stretch, & Chat-PV 6:00 Fireside Chat- WC 7:00 Evening Movie –FR</p> 	<p>20. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Featured Animal – AR 10:45 Walking Club 11:10 Piggy Bankers – AR 1:45 Music Therapy Relaxation – AR 2:15 Sports History Trivia-AR 2:45 Chucking Chips – AR 3:15 Happy Hour-B 4:00 Surprise Saturday-B 6:00 Friendship Social – SD 6:00 Coffee Talk: Reminisce Magazine– PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> 	
<p>21. 8:40 St. Monica’s Catholic Mass Outing 9:30 Current Events - AR 10:00 Chair Exercise - AR 10:00 Advanced Exercise -P 10:30 Art History -AR 11:10 Story Telling Dice-B 1:45 Broadway Club - AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 Travel Memories -AR 2:45 Hangman –AR 3:15 Happy Hour-B 4:00 Social Sunday-B 6:00 Trivia - SD 6:00 Walk, Stretch & Chat - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>22. 9:30 Fall Scenic Drive Outing (RSVP) 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Rosary-C 10:45 Keep It Local – AR 11:10 Card Making – AR 1:15 Cinema Hour-FR 2:45 Scattagories – AR 3:15 Happy Hour-B 4:00 Mindbender Monday-B 6:00 Coffee Talk: Reminisce Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>23. 9:30 Current Events- AR 9:30 Creative Expressions- HR 10:15 Chair Line Dancing - AR 10:45 Can You Picture This?- AR 11:10 Chair Yoga – B 11:10 Halloween Trivia -AR 1:45 Music Session –B 2:15 Bingo-B 3:15 Happy Hour-B 4:00 Trivia Tuesday-B 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> 	<p>24. 9:30 Current Events- B 9:30 Chimes with Troy-AR 10:15 Advanced Exercise- AR 10:15 Chair Exercise-P 10:45 Veteran’s Art Group - HR 10:45 Garden Chat-AR 11:10 Feelings in a Jar-AR 1:45 Music Therapy Jukebox – AR 2:15 Basketball Contest-AR 2:45 Watercolor: Witch-AR 3:15 Happy Hour-B 4:00 Wisdom Wednesday-B 6:00 Resident Choice - SD/PV-HH 6:00 Music Session – WC 7:00 Evening Movie –FR</p>	<p>25. 9:30 Current Events- AR 9:30 Creative Expressions- HR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Story Telling Dice-P 11:10 What you might not know about Missouri –AR 1:45 Movement to Music – AR 2:20 Cinema Hour-FR 3:15 Happy Hour-B 4:00 Technology Thursday-B</p> <p>6:00-7:00 Safe Trick or Treat Night</p> 	<p>26. 9:00 St. Louis Art Museum Outing (RSVP) 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Golden Girls Club-AR 10:45 Good Ole’ Boys Club-L 11:10 Exercise with Charlie- B 11:10 More Jeopardy Trivia - AR 1:45 Music Session- P 2:15 Bowling-P 2:45 Who am I?-B 3:15 Jewish Service –C 3:15 Happy Hour-B 4:00 Funtastic Friday-B 6:00 Walk, Stretch & Chat-SD 6:00 Resident Choice–PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>	<p>27. 9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Eldergames-AR 10:45 Walking Club 11:10 M & M Game –AR 1:45 Music Therapy Relaxation – AR 2:15 Star of the Month – AR 2:45 BocceBall - AR 3:15 Happy Hour-B 4:00 Surprise Saturday-B 6:00 Friendship Social – SD 6:00 Coffee Talk: Reminisce Magazine– PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>



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<p>28.</p> <p>9:30 Current Events - AR 9:30 Catholic Service - C 10:00 Chair Exercise - AR 10:00 Advanced Exercise - P 10:30 Reminisce Magazine - AR 11:10 Categories Memo - MAGIC - AR 1:45 Classical Club- AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 Grab Bag Active Game - AR 2:45 Sports Trivia – AR 3:15 Happy Hour-B 4:00 Social Sunday-B 6:00 Trivia - SD 6:00 Walk, Stretch & Chat - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>29.</p> <p>9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Rosary-C 10:45 Bifokal Kit: 1950s – 1960s AR 11:10 Category Crunch: WRITE - AR 1:45 Music Session –AR 2:15 Horse Racing - AR 2:45 Sensational Senses: Fall Leaf Painting -AR 3:15 Happy Hour-B 4:00 Mindbender Monday-B 6:00 Coffee Talk: Reminisce Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p> 	<p>30.</p> <p>9:30 Current Events- AR 9:30 Creative Expressions- HR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Halloween Hangman- AR 11:10 Chair Yoga – B 11:10 Humor Club –AR 1:45 Monster Mash – B 2:15 Bingo-B 3:15 Happy Hour-B 4:00 Trivia Tuesday-B 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>	<p>31. Halloween</p> <p>9:30 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Bridge Club - L 10:45 Cooking League: Fruit Kebabs – AR 11:10 What’s a Gourd to Do? – AR 1:45 Music Therapy Jukebox – AR 2:15 Name 10-AR 2:45 Happy Halloween- AR 3:15 Happy Hour-B 4:00 Wisdom Wednesday-B 6:00 Resident Choice - SD/PV- HH 6:00 Music Session – WC 7:00 Evening Movie –FR</p> 	<p>Please sign-up: Beautician- M-F Manicurist- Each Thursday and Friday</p> <p>Massage Therapy Mon-Wed-Fri</p> <p>All Outings RSVP (314) 453-7372 njacobs@ parcprovence.com</p> <p><i>Calendars Subject to Change</i></p>	<p>Room Locations</p> <p>AR - Promenade Activity Room S - Sun Room G - Garden/ Outside FR - Family Room B - Bistro K- Kitchen D - Dining Room C - Chapel H - Horticulture Room L - Library P - Promenade BR - Billiards Room RG - Rose Garden LV - Lake View Household WC - Windchime Household PV - Park View Household SD - Sundial Household LB - Lakeview Bistro</p>	