
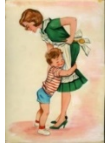


















March – 2020–Building Your SPIRIT Program–Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass-Live Stream-AR 10:30 Rosary Memories-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p> 	<p>2</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>3</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:00 Catholic Service-C 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Music Session-PR</p> 	<p>4</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 10:45 Creative Expressions - AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>5</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>6</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 3:15 Jewish Service with Cantor Howard -C 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>7</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-PR 10:10 Exercise -PR 10:20 Keep it Local-PR 10:35 Morning SOS – PR 10:45 Refreshments - PR 11:00 Music Session - PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>
<p>8 Daylight Savings Begins</p> <p>9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass-Live Stream-AR 10:30 Rosary Memories-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p> 	<p>9</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 10:40 Helen Fitzgerald's Lunch Outing (RSVP) 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>10 Purim Begins at Sundown</p> <p>9:30 Piano Melodies-PR 10:00-10:30 Building your Spirit Program 10:30 Catholic Communion Service-C 10:30 Entertainment by Luke Queen - PR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Music Session-PR</p> 	<p>11</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>12</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>13</p> <p>9:30 Piano Melodies-PR 9:45 Spring Scenic Drive Outing (RSVP) 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 3:15 Jewish Service -C 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>14</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-PR 10:10 Exercise -PR 10:20 Hat Chat-PR 10:35 Morning SOS – PR 10:45 Refreshments - PR 11:00 Music Session - PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 
<p>15</p> <p>9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass-Live Stream-AR 10:30 Rosary Memories-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p> 	<p>16</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>17 St. Patrick's Day</p> <p>9:30 Piano Melodies - PR 10:00 Music Jam – PR 10:45 Refreshments -PR 11:00 The Luck of the Irish-PR 11:15 Exercise-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Music Session-PR</p> 	<p>18</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 10:45 Creative Expressions - AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>19 First Day of Spring</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spring Spirit Program 11:00 Music Session-PR 12:00 In House Picnic Lunch Outing (RSVP)-B 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>20</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 3:15 Jewish Service -C 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>21</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-PR 10:10 Exercise -PR 10:20 Folding and Sorting-PR 10:35 Morning SOS – PR 10:45 Refreshments - PR 11:00 Music Session - PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>

March – 2020 –Building Your SPIRIT Program –Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass-Live Stream-AR 10:30 Rosary Memories-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p>	<p>23</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Cinema Hour-PR 2:30 Happy Hour-PR 3:00-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>24</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 12:00 In House Jimmy John's Lunch Outing (RSVP)-B 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Music Session-PR</p>	<p>25</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 10:45 Creative Expressions - AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>26</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:30 Cinema Hour - PR 3:30 Happy Hour-PR 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 	<p>27</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 3:15 Jewish Service with Cantor Howard -C 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>28</p> <p>9:30 Piano Melodies - PR 10:00 Current Events-PR 10:10 Exercise -PR 10:20 Spring Memories–PR 10:35 Morning SOS – PR 10:45 Refreshments - PR 11:00 Music Session - PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p> 
<p>29</p> <p>9:30 Piano Melodies-PR 10:00 Lawrence Welk-PR 10:00 Catholic Mass-Live Stream-AR 10:30 Rosary Memories-AR 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 1:45 Chapel Service with Pastor Jeanne –C 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-AR 6:00 Piano Sundays-PR</p> 	<p>30</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Family Gathering & Evening Movie-PR</p>	<p>31</p> <p>9:30 Piano Melodies-PR 10:00-11:00 Building your Spirit Program 11:00 Music Session-PR 1:30 Rest & Relaxation-PR 2:15 Happy Hour-PR 2:45-4:00 Building your Spirit Program 4:15 Piano Melodies-PR 6:00 Music Session-PR</p>	<p>Coding Key: <i>Building Your SPIRIT</i> Combined Bordeaux & Spirit Program Purple invitation by Interest Building Wide Sparky (any color italics)</p>  <p>Calendars are subject to change</p>	<p>Room Locations: AR-Activity Room B- Bistro BA-Bird Aviary C-Chapel FR- Fireplace Room O-Outing P-Promenade PR –Piano Room SR-Sunroom</p> <p>Activities of Daily Living & Spontaneous Activities occur throughout the day</p>	<p>Please sign-up: Beautician & Manicurist 314-542-2500 Music Therapy 314-453-7360 Art Therapy 314-453-7310</p> <p>For Outings: RSVP Erin at 314-453-7372 or email her at: choing@parcprovence.com</p>	<p>Our Specialized Program for Late & End Stage Dementia "Building Your S.P.I.R.I.T"</p>  <p>Serenity and Passion Inspired by Respect, Interaction and Trust</p>