




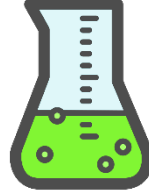







March – 2020 –Nice & Paris- Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Catholic Service-Live Stream – C</p> <p>9:45 Current Events – AR</p> <p>10:15 Exercise - AR</p> <p>10:45 Discussing The Washington Monument-AR</p> <p>11:10 Common Sayings-AR</p> <p>1:45 Music Session -AR</p> <p>1:45 Chapel Service with Pastor Jeanne -C</p> <p>2:15 Penny Ante - AR</p> <p>2:45 Silly Name Places-AR</p> <p>3:15 Happy Hour-B</p> <p>6:15 Trivia - SD</p> <p>6:15 Walk, Stretch & Chat - PV</p> <p>6:15 Fireside Chat -WC</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p>	<p>2</p> <p>9:45 Current Events- AR</p> <p>10:15 Advanced Exercise-P</p> <p>10:15 Chair Exercise-AR</p> <p>10:45 Missouri Botanical Gardens Presentation - AR</p> <p>1:45 Music Session –P</p> <p>2:15 Music and Movement with Vitality Ballet - AR</p> <p>2:45 Image Improv, What Do You Think?– AR</p> <p>3:15 Happy Hour-B</p> <p>6:15 Coffee Talk: Reminisce Magazine -SD</p> <p>6:15 Trivia - PV</p> <p>6:15 Fireside Chat -WC</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p> 	<p>3</p> <p>9:45 Current Events- AR</p> <p>10:15 Holy Infant Catholic School Irish Dancers - B</p> <p>10:45 Who Hibernates?-AR</p> <p>11:10 Chair Yoga with Janet – B</p> <p>11:10 Card Games, Higher or Lower--AR</p> <p>1:45 Music Session–P</p> <p>2:00 Catholic Service-C</p> <p>2:15 Mint Julep-AR</p> <p>3:15 Happy Hour-B</p> <p>6:15 Friendship Social-SD</p> <p>6:15 Resident Choice-PV</p> <p>6:15 Fireside Chat-WC</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p>	<p>4</p> <p>9:45 Current Events- AR</p> <p>10:15 Advanced Exercise-P</p> <p>10:15 Chair Exercise-AR</p> <p>10:45 Billiards Club - BR</p> <p>10:45 Finish The Lyrics-AR</p> <p>11:10 Horseshoes- AR</p> <p>1:45 Music Session –P</p> <p>2:15 What Did it Cost? -AR</p> <p>2:45 Lucky Charm Watercolor - AR</p> <p>3:15 Happy Hour-B</p> <p>6:00 Music Session – WC</p> <p>6:15 Resident Choice - SD/PV-HH</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p> 	<p>5</p> <p>9:45 Current Events- AR</p> <p>10:15 Advanced Exercise-P</p> <p>10:15 Chair Exercise-AR</p> <p>10:45 Walking Club</p> <p>10:45 My Favorite Things</p> <p>The Great Outdoors-AR</p> <p>11:10 Golden Girls Club-AR</p> <p>11:10 Good Ole' Boys Club- L</p> <p>1:45 Music Session–P</p> <p>2:15 Jam-boree -AR</p> <p>2:45 Pictures of Daily Life- AR</p> <p>3:15 Happy Hour-B</p> <p>6:00 Music Session – LV</p> <p>6:15 Friendship Social—SD</p> <p>6:15 Walk, Stretch, & Chat- PV</p> <p>6:15 Fireside Chat- WC</p> <p>6:30 Evening Movie –FR</p>	<p>6</p> <p>9:45 Current Events- AR</p> <p>10:15 Advanced Exercise-P</p> <p>10:15 Chair Exercise-AR</p> <p>10:45 "Name" Brands-AR</p> <p>11:10 Volleyball- AR</p> <p>11:15 Advanced Exercise with Charlie- B</p> <p>1:45 Music Session- P</p> <p>2:15 Bowling League-P</p> <p>2:45 "Name That Name!" Game-B</p> <p>3:15 Jewish Service with Cantor Howard –C</p> <p>3:15 Happy Hour-B</p> <p>6:15 Walk, Stretch & Chat-SD</p> <p>6:15 Resident Choice--PV</p> <p>6:15 Fireside Chat-WC</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p>	<p>7</p> <p>9:45 Current Events- AR</p> <p>10:15 Exercise-AR</p> <p>10:45 Animal Society/Animal Trivia – AR</p> <p>11:10 Piggy Bankers – AR</p> <p>1:45 Music Session –P</p> <p>2:15 Sports History-AR</p> <p>2:45 Target Toss- AR</p> <p>3:15 Happy Hour-B</p> <p>6:15 Friendship Social – SD</p> <p>6:15 Coffee Talk: Reminisce Magazine– PV</p> <p>6:15 Fireside Chat-WC</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p> 
<p>8 Daylight Savings Begins</p> <p>9:30 Catholic Service-Live Stream – C</p> <p>9:45 Current Events - AR</p> <p>10:15 Exercise - AR</p> <p>10:45 Explore 360 Videos -AR</p> <p>11:10 Table Topics-B</p> <p>1:45 Music Session - AR</p> <p>1:45 Chapel Service with Pastor Jeanne -C</p> <p>2:15 Silly Name Places -AR</p> <p>2:45 Random Trivia –AR</p> <p>2:45 Resident Choir - L</p> <p>3:15 Happy Hour-B</p> <p>6:15 Trivia - SD</p> <p>6:15 Walk, Stretch & Chat - PV</p> <p>6:15 Fireside Chat -WC</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p> 	<p>9</p> <p>9:45 Current Events- AR</p> <p>10:15 Advanced Exercise-P</p> <p>10:15 Chair Exercise-AR</p> <p>10:40 Helen Fitzgerald's Lunch Outing (RSVP)</p> <p>10:45 Rosary-C</p> <p>10:45 Banana Nut Bread- AR</p> <p>11:10 Keep It Local; The Arch-AR</p> <p>1:45 Music Session –P</p> <p>2:15 Dancing Through the Decades with Vitality Ballet - AR</p> <p>2:45 Scattagories – AR</p> <p>3:15 Happy Hour-B</p> <p>6:15 Coffee Talk: Reminisce Magazine -SD</p> <p>6:15 Trivia - PV</p> <p>6:15 Fireside Chat -WC</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p>	<p>10 Purim Begins at Sundown</p> <p>9:45 Resident Council - AR</p> <p>10:00 Current Events- AR</p> <p>10:15 Advanced Exercise-P</p> <p>10:15 Chair Exercise-AR</p> <p>10:30 Catholic Communion Service - C</p> <p>10:45 Social Dancing-B</p> <p>11:10 Chair Yoga with Janet – B</p> <p>11:10 Jeopardy Trivia -AR</p> <p>1:45 Music Session –P</p> <p>2:15 Green Things Bingo-B</p> <p>3:15 Happy Hour-B</p> <p>6:15 Friendship Social-SD</p> <p>6:15 Resident Choice-PV</p> <p>6:15 Fireside Chat-WC</p> <p>6:15 Fireside Chat –LV</p> <p>6:30 Evening Movie –FR</p> 	<p>11</p> <p>9:30 Chimes with Troy Jones - AR</p> <p>9:45 Current Events- B</p> <p>10:15 Advanced Exercise-P</p> <p>10:15 Chair Exercise-P</p> <p>10:45 Entertainment by Cortney Tatlow - B</p> <p>1:45 Music Session –P</p> <p>2:15 Basketball Contest-AR</p> <p>2:45 Birds Of A Feather Watercolor Painting-AR</p> <p>3:15 Happy Hour-B</p> <p>6:00 Music Session – WC</p> <p>6:15 Resident Choice - SD/PV-HH</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p>	<p>12</p> <p>9:45 Current Events- AR</p> <p>10:15 Advanced Exercise-P</p> <p>10:15 Chair Exercise-AR</p> <p>10:45 Science Center Presents "Sublime Science" - B</p> <p>1:45 Music Session –P</p> <p>2:15 Sensational Senses: Paint In A Bag-AR</p> <p>2:45 Target Toss – AR</p> <p>3:15 Happy Hour-B</p> <p>6:00 Music Session – LV</p> <p>6:15 Friendship Social—SD</p> <p>6:15 Walk, Stretch, & Chat- PV</p> <p>6:15 Fireside Chat- WC</p> <p>6:30 Evening Movie –FR</p> 	<p>13</p> <p>9:45 Spring Scenic Drive Outing (RSVP)</p> <p>9:45 Current Events- AR</p> <p>10:15 Advanced Exercise-P</p> <p>10:15 Chair Exercise-AR</p> <p>10:45 Horse Races-AR</p> <p>11:10 How It's Made, Tacos – AR</p> <p>11:15 Advanced Exercise with Charlie- B</p> <p>1:45 Music Session- P</p> <p>2:15 Corn Hole-P</p> <p>2:45 Making Embossed Monograms-B</p> <p>3:15 Jewish Service –C</p> <p>3:15 Happy Hour-B</p> <p>6:15 Walk, Stretch & Chat-SD</p> <p>6:15 Resident Choice--PV</p> <p>6:15 Fireside Chat-WC</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p>	<p>14</p> <p>9:45 Current Events- AR</p> <p>10:15 Exercise-AR</p> <p>10:45 My Favorite Things, The Great Outdoors-AR</p> <p>11:10 M & M Game –AR</p> <p>1:45 Music Session –P</p> <p>2:15 Modern Jeopardy Trivia- P</p> <p>2:45 Who Am I?-P</p> <p>3:15 Happy Hour-B</p> <p>6:15 Friendship Social – SD</p> <p>6:15 Coffee Talk: Reminisce Magazine– PV</p> <p>6:15 Fireside Chat-WC</p> <p>6:15 Fireside Chat -LV</p> <p>6:30 Evening Movie –FR</p>

March – 2020 –Nice & Paris - Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15 9:30 Catholic Service-Live Stream – C 9:45 Current Events - AR 10:15 Exercise - AR 10:45 Basketball Terms - AR 11:10 Outdoor Games -AR 1:45 Music Session - AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 March Trivia-AR 2:45 Minty Flavors – AR 3:15 Happy Hour-B 6:15 Trivia - SD 6:15 Walk, Stretch & Chat - PV 6:15 Fireside Chat -WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p>	<p>16 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Rosary-C 10:45 Baked Apples-AR 11:10 Category Crunch: March Terms - AR 1:45 Music Session –AR 2:15 Senior Ballet with Vitality Ballet - AR 2:45 Conversation Cards-AR 3:15 Happy Hour-B 6:15 Coffee Talk: Reminiscence Magazine -SD 6:15 Trivia - PV 6:15 Fireside Chat -WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p> 	<p>17 St. Patrick's Day 9:45 Current Events- AR 10:00 Music Jam - B 10:45 Walking Club 10:45 Finish That Phrase-B 11:10 Chair Yoga with Janet– B 11:10 Humor Club –AR 1:45 Music Session – P 2:15 Shamrock Shake Up-AR 3:15 Happy Hour-B 6:15 Friendship Social-SD 6:15 Resident Choice-PV 6:15 Fireside Chat-WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p>	<p>18 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 St. Louis Zoo presents "Animal Communications" - B 1:45 Music Session – AR 2:15 Name 10-AR 2:45 Vivid Spring Watercolor Painting- AR 3:15 Happy Hour-B 6:00 Music Session – WC 6:15 Resident Choice - SD/PV- HH 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p> 	<p>19 First Day of Spring 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 My Favorite Things On The Farm-AR 11:10 Golden Girls Club-AR 11:10 Good Ole' Boys Club-L 12:00 In House Picnic Lunch Outing (RSVP) - B 1:45 Music Session – P 2:15 Making Foam Sundaes-AR 2:45 Family Life Pictures-AR 3:15 Happy Hour-B 6:00 Music Session – LV 6:15 Friendship Social—SD 6:15 Walk, Stretch, & Chat-PV 6:15 Fireside Chat- WC 6:30 Evening Movie –FR</p>	<p>20 9:45 Creative Expressions- HR 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Occupation Memories – AR 11:10 Finish The Phrase-AR 11:15 Advanced Exercise with Charlie- B 1:45 Music Session- P 2:15 Bowling League-P 2:45 Easy Does it Trivia-B 3:15 Jewish Service –C 3:15 Happy Hour –B 6:15 Walk, Stretch & Chat-SD 6:15 Resident Choice--PV 6:15 Fireside Chat-WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p> 	<p>21 9:45 Current Events- AR 10:15 Exercise-AR 10:45 Match Up the Famous Duos-AR 11:10 How It's Made: Diamonds- AR 1:45 Music Session – P 2:15 Bulls Eye – AR 2:45 A Minty Treat- AR 3:15 Happy Hour-B 6:15 Friendship Social – SD 6:15 Coffee Talk: Reminiscence Magazine– PV 6:15 Fireside Chat-WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p>
<p>22 9:30 Catholic Service-Live Stream – C 9:45 Current Events - AR 10:15 Exercise - AR 10:45 Doing a Little Chair Jig -AR 11:10 Reminiscence Ball Toss-AR 1:45 Music Session - AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 Turkey Hunting -AR 2:45 Hangman –AR 2:45 Resident Choir - L 3:15 Happy Hour-B 6:15 Trivia - SD 6:15 Walk, Stretch & Chat - PV 6:15 Fireside Chat -WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p>	<p>23 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Rosary-C 10:45 Jam Bars-AR 11:10 Horse Trivia-AR 1:30 Cinema Hour - HH 2:45 Scategories- AR 3:15 Happy Hour-B 6:15 Coffee Talk: Reminiscence Magazine -SD 6:15 Trivia - PV 6:15 Fireside Chat –WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p> 	<p>24 9:45 Current Events- AR 10:15 Advanced Exercise-AR 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Social Dancing-AR 11:10 Chair Yoga with Janet – B 11:10 Oopsies Trivia – AR 12:00 In House Jimmy John's Lunch Outing (RSVP) - B 1:45 Music Session –P 2:15 Chocolate Covered Bingo-B 3:15 Happy Hour-B 6:15 Friendship Social-SD 6:15 Resident Choice-PV 6:15 Fireside Chat-WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p>	<p>25 9:30 Chimes with Troy Jones - AR 9:45 Current Events- B 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Wine Club - L 10:45 Matching Games on Sparky- AR 11:10 Piggy Banker -AR 1:45 Music Session – P 2:15 Entertainment by Joe Garnier - B 3:15 Happy Hour-B 6:00 Music Session – WC 6:15 Resident Choice - SD/PV- HH 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p>	<p>26 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 My Favorite Things: Military-AR 11:10 Golden Girls Club-AR 11:10 Good Ole' Boys Club-L 1:45 Name that Tune – P 2:30 Cinema Hour - HH 3:30 Happy Hour-B 6:00 Music Session – LV 6:15 Friendship Social—SD 6:15 Walk, Stretch, & Chat-PV 6:15 Fireside Chat- WC 6:30 Evening Movie –FR</p> 	<p>27 9:45 Creative Expressions- HR 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Conversation Cards – AR 11:10 What Am I?-AR 11:15 Advanced Exercise with Charlie- B 1:45 Music Session- P 2:15 Outdoor Games-B 2:45 Stringing Beads & Jems-B 3:15 Jewish Service with Cantor Howard –C 3:15 Happy Hour –B 6:15 Walk, Stretch & Chat-SD 6:15 Resident Choice--PV 6:15 Fireside Chat-WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p>	<p>28 9:45 Current Events- AR 10:15 Exercise-AR 10:45 Match Up the Lyrics – AR 11:10 Higher or Lower - AR 1:45 Music Session – AR 2:15 Dot Paint Names –AR 2:45 Balloon Volleyball AR 3:15 Happy Hour-B 6:15 Friendship Social – SD 6:15 Coffee Talk: Reminiscence Magazine– PV 6:15 Fireside Chat-WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p>

March – 2020 –Nice & Paris- Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	
<p>29 9:30 Catholic Service-Live Stream – C 9:45 Current Events – AR 10:15 Exercise - AR 10:45 The Lincoln Museum-AR 11:10 Occupation Memories-AR 1:45 Music Session -AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 Penny Ante - AR 2:45 Tissue Paper Spring Flower-AR 3:15 Happy Hour-B 6:15 Trivia - SD 6:15 Walk, Stretch & Chat -PV 6:15 Fireside Chat -WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p>	<p>30 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Rosary-C 10:45 Baked Croissants-AR 11:10 Creative Committee Meeting -AR 1:45 Music Session –P 2:15 Ice Breakers-AR 2:45 Image Improv– AR 3:15 Happy Hour-B 6:15 Coffee Talk: Reminiscence Magazine -SD 6:15 Trivia - PV 6:15 Fireside Chat -WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p> 	<p>31 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Who's Line Is It Anyway?-AR 11:10 Chair Yoga with Janet – B 11:10 Card Games; Higher or Lower--AR 1:45 Music Session– P 2:15 Paper Airplanes-AR 3:15 Happy Hour-B 6:15 Friendship Social-SD 6:15 Resident Choice-PV 6:15 Fireside Chat-WC 6:15 Fireside Chat -LV 6:30 Evening Movie –FR</p>	<p>Please sign-up: Beautician- M-F Manicurist- Each Thursday and Friday</p> <p>Massage Therapy Mon-Wed-Fri</p> <p>All Outings RSVP (314) 453-7372 ehoing@ parcprovence.com</p> <p><i>Calendars Subject to Change</i></p>	<p>Activity Codes Building Wide Event Household Activities Nice & Paris Combined Activities</p> <p>Activities of Daily Living & Spontaneous Activities occur throughout the day</p> <p>All activities are based on activity interests</p> <p>Music & Art individuals sessions</p>	<p>Room Locations AR - Promenade Activity Room S - Sun Room G - Garden/ Outside FR - Family Room B - Bistro K- Kitchen D - Dining Room C - Chapel H - Horticulture Room L - Library P - Promenade BR - Billiards Room RG - Rose Garden LV - Lake View Household WC - Windchime Household PV - Park View Household SD - Sundial Household LB - Lakeview Bistro</p> 